"I cannot but I can control myself."

```
I CANNOT BUT I CAN CONTROL MYSELF

Things OUTSIDE MY Control

Other People’s...

- Ideas
- Thoughts
- Actions
- Behaviors
- Feelings
- Attitudes

Things WITHIN MY Control

My...

- Words
- Thoughts
- Actions
- Behaviors
- Feelings
- Attitudes

"You cannot control the behavior of others, but you can always choose how you respond to it."

"Do not let what is out of your control, interfere with all of the things you can control."
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